

## 1976 Region 8AA Boys - Saturday, May 29th at Alexandria

**Teams:** Moorhead 93, Alexandria 77, St. Cloud Apollo 67, Wadena 41, Little Falls 37, Bemidji 35, St. Cloud Tech 35, Park Rapids 34, Brainerd 30, Crookston 19, Melrose 19, Fergus Falls 8.

### Two Mile Run

- 1 Tim Bauer, Alex 9:42.0
- 2 Dan Loes, SCA 9:46.0
- 3 Tom Gasperlin, Alex 10:06.9
- 4 Steve Danielson, Mhd 10:12.4
- 5 Dale Hanstad, FF 10:17.9
- 6 Rob Schwegel, SCA 10:20.1

### 120 Yd Hurdles

- 1 John Wentzel Mhd 14.7
- 2 Phil Kramer, Wad 14.8
- 3 Tom Skaar, Bem 15.2
- 4 Dan Vogel, Mel 15.4
- 5 Scott Schroeder, Alex 15.5
- 6 Matt Welle, Mel 15.6

### 100 Yd Dash

- 1 Greg Kloss, Br 9.9
- 2 Bob Bauer, PR 10.0
- 3 Mike Holland, SCA 10.2
- 4 Doug Nelson, Mhd 10.3
- 5 Jim Nelson, Mhd 10.4
- 6 Chuck Lahr, SCT 10.4

### One Mile Run

- 1 Tom Poliseno, LF 4:26.0
- 2 Jim Zupko, LF 4:30.5
- 3 Rod Ripperger, Alex 4:36.2
- 4 Andy Strand, Alex 4:36.5
- 5 Jack Rasen, FF 4:37.0
- 6 Al Steffens, Wad 4:39.4

### 880 Yard Relay

- 1 Moorhead 1:31.6
- 2 Park Rapids 1:32.7
- 3 St. Cloud Apollo 1:34.0
- 4 Bemidji 1:34.1
- 5 Alexandria 1:34.5
- 6 Crookston 1:35.4

### 440 Yd Dash

- 1 Greg Kloss, Br 50.4
- 2 Lloyd Keller, SCA 50.9
- 3 Bob Ranum, Crook 50.9
- 4 Ken Poepping, SCT 52.0
- 5 Tim Sturdevant, Mhd 52.1
- 6 Doug Bernhardsen, Mhd 52.5

### 180 Yd Hurdles

- 1 Paul Thelen, SCA 20.4
- 2 Phil Kramer, Wad 20.5
- 3 John Wentzel Mhd 20.6
- 4 Tom Skaar, Bem 20.8
- 5 Scott Schroeder, Alex 21.2
- 6 Dan Vogel, Mel 21.3

### 880 Yd Run

- 1 Steve Isaacson, SCA 1:57.9
- 2 Jeff Lindner, Alex 2:00.0
- 3 Mike Neiman, PR 2:01.2
- 4 Steve Hanson, Wad 2:03.3
- 5 Mike Plante, LF 2:03.5
- 6 Bill Donoho, FF 2:04.8

### Sprint Medley Relay

- 1 Crookston 3:39.4 (Kaiser, Kirchnoffer, Spering Ranum)
- 2 Little Falls 3:40.0
- 3 Bemidji 3:41.5
- 4 Alexandria 3:45.2
- 5 Wadena 3:52.4
- 6 Melrose 3:57.0

### 220 Yd Dash

- 1 Greg Kloss, Br 22.1
- 2 Bob Bauer, PR 22.9
- 3 Mike Holland, SCA 23.3
- 4 Doug Nelson, Mhd 23.5
- 5 Lloyd Keller, SCA 23.8
- 6 Greg Lundeen, FF 24.0

### Mile Relay

- 1 St. Cloud Apollo 3:25.5
- 2 Moorhead 3:27.6
- 3 Wadena 3:31.6
- 4 Park Rapids 3:32.1
- 5 Melrose 3:36.8
- 6 Little Falls 3:37.0

### Shot Put

- 1 Tom Myrin, Alex 54-0.5
- 2 Layne Kelly, SCT 53-8.5
- 3 Reg Hooten, Wad 51-7.5
- 4 Joel Bladow, Mhd 51-2.5
- 5 Jim Jensen, Bem 51-2
- 6 Mike Radi, Crook 48-5

### Discus Throw

- 1 Jim Jensen, Bem 148-11
- 2 Layne Kelly, SCT 145-8
- 3 Brad Struck, Alex 145-1
- 4 Jerry Walker, SCT 143-11
- 5 Paul Shoemaker, Alex 142-8
- 6 Dave Dowling, Bem 142-5

### High Jump

- 1 Bob Dale, Mhd 6-2
- 2 Mark Dale, Mhd 6-2
- 3 Dave Foley, Wad 6-1
- 4 Marty Heine, SCT 6-0
- 5 Jeff Aschnewitz, FF 5-10
- 6 Keith Battles, Alex 5-10

### Long Jump

- 1 Doug Nelson, Mhd 19-11
- 2 Dan Vogel, Mel 19-8.5
- 3 Steve Leitch, SCT 19-5
- 4 Tab White, Mhd 19-1.5
- 5 Bob Skime, Bem 18-9.5
- 6 Joe Lessar, Crook 18-9.5

### Pole Vault

- 1 Brent Smith, Alex 14-10
- 2 Greg Linnerud, LF 13-0
- 3 Gary Wageman, Mhd 12-6
- 4 Ron Joyce, Alex 12-6
- 5 Jim Goodwin, Mel 12-6
- 6 Scott Selk, EGF 12-0

**Notes:** Moorhead was coached by Jim Gotta.